



Perennial Vegetables for the Pacific Northwest (Zones 7 – 9)

The Top Three

Asparagus (*Asparagus officinalis*)

Rhubarb (*Rheum x cultorum*)

Artichokes (*Cynara scolymus*)

Rest of the Top Twenty

Chard/Leaf Cabbage (*Brassica oleracea*)

Chives (*Allium schoenoprasum*)

Chives - Garlic (*Allium tuberosum*)

Egyptian/ Walking Onion (*Allium cepa*)

Garlic (*Allium sativum*)

Garlic - Elephant (*Allium ampeloprasum*)

Good King Henry (*Chenopodium bonus-henricus*)

Horseradish (*Armoracia rusticana*)

Jerusalem Artichokes/Sunchokes (*Helianthus tuberosus*)

Kale - European (*Brassica oleracea acephala*)

Kale - Russian Red (*Brassica napus*)

Ostrich Ferns (*Matteuccia struthiopteris*)

Radicchio (*Cichorium intybus*)

Ramps or Wild Leeks (*Allium tricoccum*)

Scarlet Runner Beans (*Phaseolus coccineus*)

Sea Kale (*Crambe maritima*)

Shallots (*Allium cepa aggregatum*)

Skirret (*Sium sisarum*)

Sorrel – Common (*Rumex acetosa*)

Sorrel – French (*Rumex scutatus*)

Watercress (*Nasturtium officinale*)

Beyond the Top Twenty

Alpine Strawberries (*Fragaria vesca*)

Arrowhead (*Sagittaria latifolia*)

Borage (*Borago officinalis*)

Camass (*Camassia quamash*)

Chamomile (*Chamaelum nobile*)

Chinese Yams (*Discorea opposita*)

Dandelions (*Taxaxacum officinale*)

Daylilies (*Hemerocallis spp.*)

Docks (*Remex spp.*)

Fennel (*Foeniculum vulgare*)

Giant Solomon's Seal (*Polygonatum biflorum var. commutatum*)

Goldenberry (*Physalis peruviana*)

Groundnuts (*Apios americana*)

Lovage (*Levisticum officinale*)

Mints (*Mentha spp.*)

Oregano (*Origanum vulgare*)

Perennial Broccoli (*Brassica oleracea botrytis*)

Perennial Sweet Leeks (*Allium ampeloprasum*)

Perennial Sweet Peas (*Lathyrus latifolius*)

Runner Beans (*Phaseolus lunatus*)

Sages (*Salvia spp.*)

Sea Beets (*Beta vulgaris maritima*)

Stinging Nettles (*Urtica dioica*)

Sunflowers (*Helianthus spp.*)

Sylvetta Arugula (*Diplotaxis*)

New Zealand Spinach (*Tetragonia tetragonioides*)

Thymes (*Thymus spp.*)

Tree Collards (*Brassica oleracea acephala*)



Perennial Vegetables

Asparagus

Jersey Series

Jersey Giant
Jersey Knight
Jersey Jewel
Jersey King
Jersey General

Rhubarb

Greens

German Wine
MacDonald
Riverside Giant
Strawberry
The Sutton
Victoria

Artichokes

Greens

Big Heart
Emerald
Green Globe
Imperial Star

Look for These Top Varieties

Purples

Purple Pacific
Purple Passion
Violetto

Reds

Canada Red
Crimson Red
MacDonald
Ruby
Strawberry
Valentine

Purples

Opera
(Purple of) Romagna
Violetta
Violet de Provence